

1 What does STEP stand for?

S stands for:

The German meaning is:

T stands for:

The German meaning is:

E stands for:

The German meaning is:

P stands for:

The German meaning is:

2 When do you need this strategy?

3 Please explain how to apply this strategy:

4 What could you do before reacting?

(1)

(2)

(3)

(4)
